

Occupational Rehabilitation in the Orthopaedic Perspective: Prevention of Chronicity

4th Orthopaedic Rehabilitation Symposium and Conjoint Commissioned Training by
Rehabilitation Subspecialty Board, HKCOS and
Institute of Health Care, Hospital Authority

Date : 6 Oct - 7 Oct 2007

Venue : Lim Por Yen Lecture Theatre, Hong Kong Academy of Medicine Jockey
Club Building, 99 Wong Chuk Hang Road, Aberdeen, HKSAR

Course Fee : HK\$400.-

Speakers : Dr. Steven Boorman (UK) Ms. Elaine Chan (HKSAR)
Dr. Joseph Chen (USA) Ms. Stella Cheng (HKSAR)
Prof. Margareta C Nordin (USA) Dr. PH Chin (HKSAR)
Dr. Alex Chow (HKSAR)
Dr. SY Chun (HKSAR)
Mr. WM Ip (HKSAR)
Mrs. Agnes Koon (HKSAR)
Ms. Ester Lai (HKSAR)
Ms. Femia Lau (HKSAR)
Prof. Peter W.H. Lee (HKSAR)
Mrs. Karen Lo (HKSAR)
Ms. Priscilla Poon (HKSAR)
Mr. Sunny Siu (HKSAR)
Dr. YL Wai (HKSAR)

Final Announcement

Deadline for Registration (revised) : 14 Sept 2007

HKCOS 8 Cat A/Rehab/Training pt, HKCCM, HKCEM, HKCFP, HKCP, CSHK CME approved
PT CPD, OT CPD, CNE, CP CE pts pending

Registration and Enquiry:

Symposium Secretariat

Phone no. : 852-2871 8722
Fax no. : 852-2873 4077
E-mail : hkcoss@hkcoss.org.hk



Orthopaedic Rehabilitation
Subspecialty Board
The Hong Kong College of
Orthopaedic Surgeons



Central Commissioned Training Program
Hospital Authority

Supporting Organization



Department of
Rehabilitation Sciences
The Hong Kong Polytechnic University

Occupational Rehabilitation in the Orthopaedic perspective: Prevention of Chronicity

4th Orthopaedic Rehabilitation Symposium and Conjoint Training Program by
Rehabilitation Subspecialty Board, HKCOS and Coordinating Committee, O&T, Hospital Authority

6th to 7th October 2007

Lecture Theatre, Hong Kong Academy of Medicine

Day 1 (6th Oct 2007)

Overview of the problem

Speaker(s)

Moderator: Dr. Kwok HY

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|------|--|----------------|
| 8:30 | 1. Work Related Injury in Hong Kong: Incidence, type of industry, type of injury, and the rehabilitation | Ms. F Lau |
| 8:50 | 2. Prognostic factors for chronicity | Dr. A Chow |
| 9:10 | 3. The rehabilitation of a injured worker: from injury to recovery | Dr. J Chen |
| 9:30 | 4. EBM approach to occupational injury | Prof. M Nordin |
| 9:50 | Discussion | |

10:10 Opening Ceremony

Officiating Speech

10:20 Tea Break

Evaluation and Management (I)

Moderator: Dr. Law SW

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|-------|--|---------------|
| 10:50 | 5. Prevention of chronicity in workmen injury and the role of early intervention | Dr. S Boorman |
| 11:10 | 6. The role of occupational therapy and functional capacity evaluation in a comprehensive approach to workplace rehabilitation | Dr. S Boorman |
| 11:30 | 7. Assessment and early management in the first few weeks | Dr. J Chen |
| 11:50 | 8. Occupational injury: Is the rehabilitation process different? | Dr. J Chen |
| 12:10 | Discussion | |

12:30 Lunch

Evaluation and Management (II)

Moderator: Dr. Chin PH

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|-------|---|-------------|
| 13:30 | 9. Psychological issues in an injured worker and its assessment | Prof. P Lee |
| 13:50 | 10. Rehabilitation of difficult cases | Dr. J Chen |
| 14:10 | Discussion | |

Mini-symposium(I)

Topic 1: Is FCE useful in evaluation of injured worker?

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|-------|---|---------------|
| 14:25 | 11. What is a FCE? | Ms. P Poon |
| 14:30 | 12. Is FCE useful in evaluation of injured worker: Pros | Dr. S Boorman |
| 14:35 | 13. Is FCE useful in evaluation of injured worker: Cons | Dr. P H Chin |

Topic 2: What is the role of work hardening in the rehabilitation of injured worker

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|-------|--|----------------|
| 14:40 | 14. What is work hardening? | Ms. S Cheng |
| 14:45 | 15. What is the role of work hardening in the rehabilitation of injured worker: Pros | Dr. J Chen |
| 14:50 | 16. What is the role of work hardening in the rehabilitation of injured worker: Cons | Prof. M Nordin |
| 14:55 | Discussion | |

Presentation of souvenirs

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| 15:15 | Tea Break | |
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Evaluation and Management (III)

Moderator: Dr. Chow A

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| 15:45 | 17. A multidisciplinary/ interdisciplinary program for work rehabilitation | Prof. M Nordin |
| 16:05 | 18. Problems of the workers | Mrs. K Lo |
| 16:25 | 19. Litigation and Occupational injury: the current trend | Ms. E Lai |
| 16:45 | 20. The involvement of Insurance Company in occupational rehabilitation and the role in minimizing disability | Ms. A Koon |
| 17:05 | Discussion | |
| 17:25 | End of Day 1 | |

Day 2 (7th Oct 2007)

Return to Workforce (I)

Moderator: Dr. IP FK

8:30	1. Rehabilitation in the workplace	Dr. S Boorman
8:50	2. Workman compensation process	Mr. S Siu
9:10	3. Readiness to return to duty	Dr. S Boorman
9:30	Discussion	

Mini- Symposium (II)

How to assess disability?

Panel discussion

9:40	4. A courtroom perspective	Ms. E Lai
9:55	5. To protect labor rights - labor union's concerns on work injury rehabilitation	Mr. W M Ip
10:10	6. The drawback and limitation of AMA guides	Dr. J Chen
10:25	7. Disability and ability to work	Dr. S Y Chun
10:40	Discussion	

Presentation of souvenirs

11:00 **Tea Break**

Return to Workforce (II)

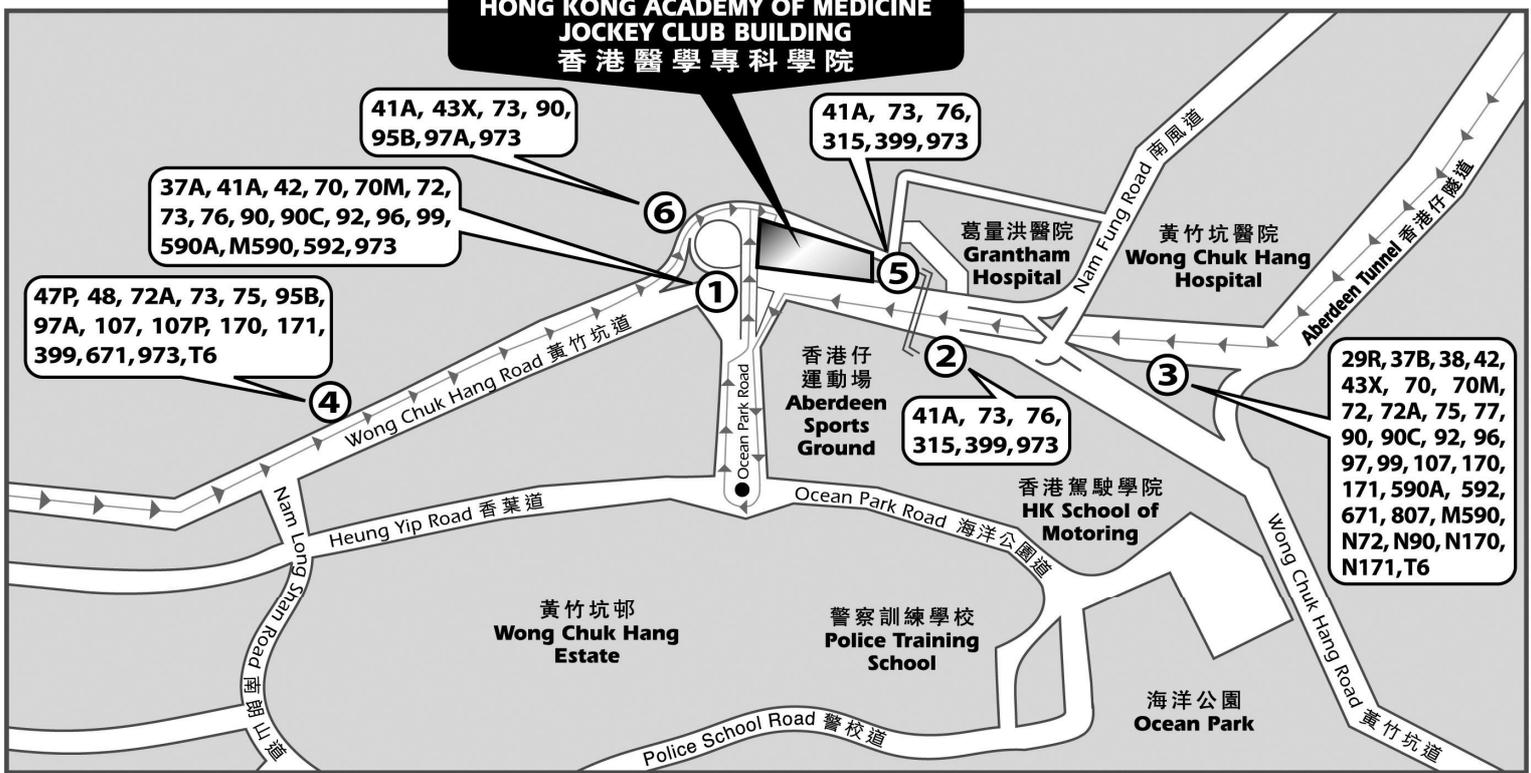
Moderator: Dr.Kwok HY

11:30	8. From Absence to Attendance- a case study from Royal Mail	Dr. S Boorman
11:50	9. The role of Orthopaedic surgeon in the occupational rehabilitation in HK	Dr. Y L Wai
12:10	10. Service for worker unable to return duty	Ms. E Chan
12:30	11. Rehabilitation of a injured worker: a different approach in 21 st century	Prof. M Nordin
12:50	Discussion	
13:10	End of Day 2	

ACCREDITATION RESULT

Topic/Program	4th Orthopaedic Rehabilitation Symposium and Conjoint Commissioned Training Program - "Occupational Rehabilitation in the Orthopaedic Perspective: Prevention of Chronicity"				
Date:	6 - 7 October 2007				
Venue:	Lim Por Yen Lecture Theatre, HKAM Jockey Club Building				
Program Organizer	The Hong Kong College of Orthopaedic Surgeons & Coordinating Committee, O&T, Hospital Authority				
		CME/CPD Accreditation			
College	Abbreviation	Whole Conference	6-Oct-07	7-Oct-07	Category
Anaesthesiologists	HKCA	10.8	6.8	4	non-anaes
Community Medicine	HKCCM	10	6	4	---
Dental Surgeons	CDSHK	--	7	4	Cat B
Emergency Medicine	HKCEM	8	5	3	---
Family Physicians	HKCFP	8	5	3	Cat 5.2
Obstetricians & Gynaecologists	HKCOG	5	5	4	non O&G
Ophthalmologists	COHK	--	3	2	passive
Orthopaedic Surgeons	HKCOS	8	--	--	Cat A / Rehab
Otorhinolaryngologists	HKCORL	2	--	--	Cat 2.2
Paediatricians	HKPead	9	6	3	Cat E
Physicians	HKCP	--	3.5	2	--
Pathologists	HKCPATH	10.5	6.5	4	passive
Psychiatrists	HKCPsy	10	6	4	List B
Radiologists	HKCR	10	6	4	Cat B
Surgeons	CSHK	10	6	4	passive
		Other Accreditation			
College / Institution	Abbreviation	Whole Conference	6-Oct-07	7-Oct-07	Remark
Orthopaedic Surgeons	HKCOS	8 Training Points	--	--	for O&T & Rehab Trainees
Nursing Council	--	pending			
The HK Psychological Society Ltd.	--	9	6	3	
Supplementary Medical Professions Council: -					
- Physiotherapists Board	--	9	5	4	
- Occupational Therapists Board	--	10.5	--	--	

**HONG KONG ACADEMY OF MEDICINE
JOCKEY CLUB BUILDING
香港醫學專科學院**



Bus Stop 1

- 37A** Admiralty ↔ Chi Fu Fa Yuen
- 41A** North Point Ferry Pier ↔ Wah Fu (Central)
- 42** North Point Ferry Pier ↔ Wah Fu South
- 70** Central (Exchange Square) ↔ Aberdeen
- 70M** Admiralty (MTR Station) ↔ Tin Wan
- 72** Causeway Bay (Moreton Terrace) ↔ Wah Kwai
- 73** Wah Fu ↔ Stanley Prison
- 76** Causeway Bay (Moreton Terrace) ↔ Shek Pai Wan
- 90** Central (Exchange Square) ↔ Ap Lei Chau Estate
- 90C** Ap Lei Chau Main Street ↔ Central
- 92** Causeway Bay (Moreton Terrace) ↔ Ap Lei Chau Estate
- 96** Causeway Bay (Moreton Terrace) ↔ Lei Tung Estate
- 99** South Horizons ↔ Shau Kei Wan
- 590A** Admiralty ↔ South Horizons
- M590** Central (Exchange Square) ↔ South Horizons
- 592** Causeway Bay (Moreton Terrace) ↔ South Horizons
- 973** Tsim Sha Tsui (East) ↔ Stanley Market

Bus Stop 2

- 41A** North Point Ferry ↔ Wah Fu
- 73** Wah Fu ↔ Stanley Prison
- 76** Causeway Bay (Moreton Terrace) ↔ Shek Pai Wan
- 315** Ma Hang ↔ The Peak
- 399** South Horizons ↔ Stanely Village
- 973** Tsim Sha Tsui (East) ↔ Stanley Market

Bus Stop 3

- 29R** Central (HYF Central Ferry Piers) ↔ Ocean Park
- 37B** Chi Fu Fa Yuen ↔ Central (HYF Central Ferry Piers)
- 38** North Point Ferry Pier ↔ Chi Fu Fa Yuen
- 42** North Point Ferry Pier ↔ Wah Fu South
- 43X** Admiralty MTR Station (East) ↔ Wah Kwai Estate
- 70** Central (Exchange Square) ↔ Aberdeen
- 70M** Aberdeen ↔ Admiralty MTR Station (East)
- 72** Causeway Bay (Moreton Terrace) ↔ Wah Kwai
- 72A** Causeway Bay (Moreton Terrace) ↔ Wong Chuk Hang
- 75** Central (Exchange Square) ↔ Sham Wan/Wong Chuk Hang
- 77** Shau Kei Wan ↔ Tin Wan Estate
- 90** Central (Exchange Square) ↔ Ap Lei Chau Estate
- 90C** Central (HYF Central Ferry Piers) ↔ Ap Lei Chau (Citybus Depot)
- 92** Causeway Bay (Moreton Terrace) ↔ Ap Lei Chau Estate
- 96** Causeway Bay (Moreton Terrace) ↔ Lei Tung Estate
- 97** Lei Tung Estate ↔ Central (Exchange Square)
- 99** South Horizons ↔ Shau Kei Wan
- 107** Wah Kwai ↔ Kowloon Bay
- 170** Wah Fu ↔ Sha Tin KCR Station
- 171** South Horizons ↔ Cheung Sha Wan
- 590A** South Horizons ↔ Admiralty MTR Station (East)

- 592** South Horizons ↔ Causeway Bay (Moreton Terrace)
- 671** Ap Lei Chau (Lee Lok Street) ↔ Diamond Hill MTR Station
- 807** Shatin Race Course ↔ Wah Fu
- M590** South Horizons ↔ Central (Exchange Square)
- N72** Quarry Bay (Hoi Chak Street) ↔ Wah Kwai
- N90** Central (Macau Ferry Terminal) ↔ South Horizons
- N170** Wah Fu ↔ Sha Tin KCR Station
- N171** South Horizons ↔ Cheung Sha Wan
- T6** Pak Tam Chung ↔ Shek Pai Wan

Bus Stop 4

- 47P** Kennedy Town (Belcher Bay) ↔ Wong Chuk Hang
- 48** Wah Fu ↔ Ocean Park/ Sham Wan
- 72A** Causeway Bay (Moreton Terrace) ↔ Wong Chuk Hang
- 73** Wah Fu ↔ Stanley Prison
- 75** Central (Exchange Square) ↔ Sham Wan/Wong Chuk Hang
- 95B** South Horizons ↔ Wong Chuk Hang
- 97A** Lei Tung ↔ Sham Wan
- 107** Wah Kwai Estate ↔ Kowloon Bay
- 107P** Wah Kwai Estate ↔ Kowloon Bay
- 170** Wah Fu ↔ Sha Tin KCR Station
- 171** South Horizons ↔ Cheung Sha Wan
- 399** South Horizons ↔ Stanely Village
- 671** Ap Lei Chau (Lee Lok Street) ↔ Diamond Hill MTR Station
- 973** Tsim Sha Tsui (East) ↔ Stanley Market
- T6** Pak Tam Chung ↔ Shek Pai Wan

Bus Stop 5

- 41A** North Point Ferry Pier ↔ Wah Fu
- 73** Wah Fu ↔ Stanley Prison
- 76** Causeway Bay (Moreton Terrace) ↔ Shek Pai Wan
- 315** Ma Hang ↔ The Peak
- 399** South Horizons ↔ Stanley Village
- 973** Tsim Sha Tsui (East) ↔ Stanley Market

Bus Stop 6

- 41A** North Point Ferry Pier ↔ Wah Fu
- 43X** Admiralty MTR Station (East) → Wah Kwai Estate
- 73** Wah Fu ↔ Stanley Prison
- 90** Central (Exchange Square) ↔ Ap Lei Chau Estate
- 95B** South Horizons ↔ Wong Chuk Hang
- 97A** Lei Tung ↔ Sham Wan
- 973** Tsim Sha Tsui (East) ↔ Stanley Market

Mini-bus

4C mini-bus is available running from the mini-bus station on Lockhart Road (behind Sogo) to the Grantham Hospital, stopping in front of the Academy Building. Please note that the mini-bus runs on half hour intervals only and will be marked "4C - To Grantham Hospital"